

ROGERS COUNTY YOUTH SERVICES

BELIEVING IN THE POTENTIAL OF YOUTH



SMALL STEPS, BIG IMPACT

OUR PREVENTION AND EDUCATION TEAM IS MAKING AN IMPACT IN CHELSEA

Chelsea public schools fifth grade students have partnered with RCYS to grow their life skills. The prevention and education team has implemented a program where we train and educate students on Sean Covey's book, *7 Habits of Highly Effective Teens*. While learning Habit 2 - "Begin with the End in Mind," students created mission statements for their class. Below is an example of what the students in one class wrote.

"We want to be kind, smart listeners who are respectful and responsible to each other in a safe and encouraging class."

Mr. Anderson's Class

MEET ELLEN, PREVENTION AND EDUCATION SERVICES DIRECTOR

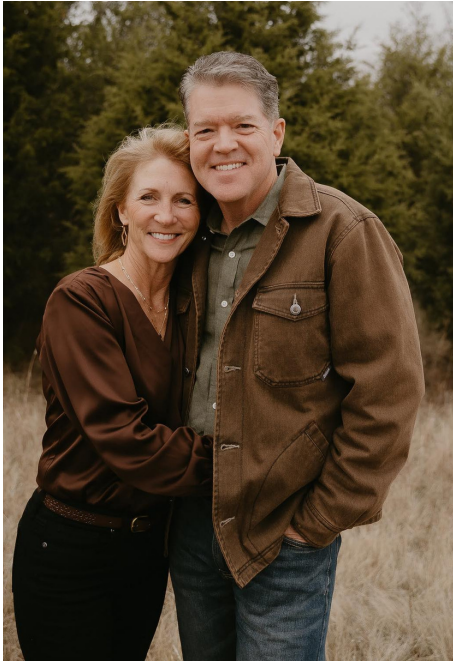
Ellen grew up in Collinsville and graduated from Rogers State University with a Bachelor's in Community Counseling with a minor in Psychology. She ran track and cross country from a young age all the way through college. She loves spending time with her friends and family, playing with her dog, and trying new things! Coffee, chocolate, and breakfast foods are her favorite!

Ellen says working for Rogers County Youth Services is both a rewarding and inspiring career. The work is rewarding because we see firsthand how education/learning can inspire a child to grow into a well-trained adult.

RCYS has a team of Prevention Specialists that teach many Life Skills classes throughout Rogers County. Prevention Specialists have a unique role in the lives of the students we teach, because we have an opportunity to lead prevention education programs to individuals, groups, and families on risk reduction strategies. These lessons taught also inspire children to grow in their personal development through intentional behaviors that prevent negative consequences.



ELLEN THOMAS



HOW ONE RCYS THERAPIST INCORPORATES OCCUPATIONAL THERAPY IN HER WORK

Stephanie Kuykendall has been an RCYS therapist for four years. In addition to her Masters in Marriage and Family Therapy, she brings with her 28 years of Occupational Therapy experience. Stephanie incorporates her pediatric and school OT experiences with counseling which is a unique and valuable combination for her clients and our organization.

Stephanie understands young children and how they best communicate. She shares that, "Play is a child's work and way of communicating." She uses play as a way of communicating with and understanding the child. Stephanie's unique combination of Occupational and Behavioral Health training allows her to identify whether a young person has a developmental delay or if it is a behavioral issue. Numerous times, kids that have been referred for counseling actually have something else going on.

One success story: Stephanie identified an eye problem with one of her clients that had not yet been diagnosed. This made it appear that the young girl was

being defiant and didn't want to do her work. In reality, she had a disability that made it impossible to do what was expected of her in the classroom. Once the problem was identified, the parents addressed the issue and the student's work began to improve immediately. That's one of the many ways the amazing team of professionals at RCYS work to help youth and families succeed.

SUPPORT RCYS WITH YOUR DONATION

RCYS is a private, not-for-profit 501c3. Our FEIN is 73-1024338. If you are interested in making a legacy gift, we have an endowment fund through the Tulsa Community Foundation. Thank you for considering RCYS for your support.

In Person/ By Mail

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CLAREMORE OK 74017

Online

www.rcys.org

TEACHERS FROM RCYS PROVIDE CLASSES FOR ROGERS COUNTY ORGANIZATION

Each week, Sowing Seeds provides resources and education to local Rogers County adults.

RCYS teachers provide the *Parenting with Love and Logic* course, as well as a life skills class for this organization. To learn more about Sowing Seeds, visit their Facebook page, *Sowing Seeds in Rogers County*.





15th Annual
*Boots & Bling
Me & My Guy Dance*
Feb. 25th 6 - 9 pm
Rogers State University
Dr. Carolyn Taylor Center

Scan to order your
tickets today!



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