



Back to School



NEWSLETTER

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MEET TEDDY BEAR

Because of you, RCYS has a very special team member bringing smiles, calmness, and courage to children who need it most. His name is Teddy Bear, and he is a fluffy poodle with a heart as big as his paws. **Each week, you send Teddy Bear into Roosa**

Elementary's Project CEEP classroom for students with disabilities. He trots in gently, tail wagging, ready to help teach emotional regulation through deep breaths, gentle touches, and calm voices.

For one little boy, Teddy's visit changed everything. Normally, this particular student avoids visitors and stays quiet. But when Teddy came close, his eyes lit up. The boy joined in a visitor-led activity with the group for the very first time.

You made this moment happen. And it's small, but powerful moments like these that help our kids feel safe enough to connect, smile, and start building the skills they need to thrive.

YOUR GENEROSITY GIVES NEW CHANCES

Evan is bright, but he struggled with impulse control. Minor frustrations could lead to an outburst, and before long, his desk was empty because he'd been sent to the office again. **Because of you, Evan now has a different story.** You gave Evan access to emotional regulation tools to calm himself before his emotions take over.

The specialized counselors on staff that you help fund worked directly in Evan's classroom, reinforcing rules while helping Evan and his classmates identify "warning signs" and practice self-control in real time.

A few months later, the teacher emailed us:

"Evan stayed in class all week. He raised his hand instead of yelling out. He's smiling more. Thank you for helping me keep him in my classroom."

You did that. You kept Evan in his seat. You gave a teacher the support she desperately needed. You transformed not just one child's experience, but an entire classroom's ability to learn.

Right now, across Rogers County, you're giving teachers the backup they need to handle today's unprecedented challenges. You're ensuring students develop the emotional skills that textbooks can't teach but life demands.

When you do that, when you support a teacher and help a child learn how to manage their emotions, you create a ripple effect. The child learns better. The teacher teaches better. And every student in that classroom benefits.

Your generosity gives students like Evan the chance to stay in their seats, succeed in school, and build stronger futures.



FROM CRAYONS TO COPING SKILLS

As the new school year begins, we are **providing services in 7 Rogers County schools**. To help ensure the highest quality of services, **we are excited to add Stephanie Greenland to our team**. Stephanie brings almost 20 years of educational experience to RCYS, helping us continually improve school based services.

“Today’s students face more challenges—and at a faster pace—than ever before. Between constant technology, packed schedules, and the usual hurdles of growing up, stress can overwhelm even the most successful and driven youth,” Stephanie explains.

“Emotional regulation and coping skills aren’t just for struggling students—they’re essential for all students. That’s why we equip young people with strategies to manage stress, build resilience, and thrive in every aspect of life. These are **lifelong skills that will shape them as future community members, parents, and professionals.**

Bridging this gap isn’t optional—it’s critical to the mental health and future success of our youth.”

BUILDING UPDATE

Steel is going up and the new facility is taking shape!

Scan the QR code to learn more about our new campus and how you can help us complete it.



A LETTER FROM THE DIRECTOR

I grew up in Rural Rogers County on land with a large garden, cattle, horses, milk cows, chickens, a pet goose, and four older sisters.

We were good neighbors back then. Though only 3 homes stood within 2 miles of ours, anyone within easy driving distance was family.

I can still hear my dad: “Get in the truck. Bob needs help with his cattle”, “Frank’s putting up a fence”, “Joe needs help cutting wood”.

When an air tank explosion nearly cost my dad his hand, those same neighbors showed up. They cut our wood, fed our cattle, and hauled our hay. No questions asked.

You carry on that same tradition today.

When a teacher calls because a student like Evan can't control his emotions and keeps getting sent to the office ... you answer.

When a teenager stands before a judge, one mistake away from juvenile detention ... you show up.

When an entire classroom struggles because kids are dealing with trauma that no child should face ... you're there.

You may not be hauling hay or fixing fences, but you're doing something even more vital. You're rebuilding young lives before they break.

The spirit of neighbors helping neighbors isn't gone. You prove it every day.

Thank you for believing in the potential of youth ... the very heart of our mission. And thank you for believing, like we do, that every young person, no matter their struggles, has value and deserves a chance to succeed.

Thank you for being the neighbor these kids desperately need.

Herb McSpadden



**Support our
impact with
the attached
envelope or
scanning the
code below.**

